



King's Lynn Area Consultative Committee
Monday, 20th March, 2023 at 4.30 pm
in the Assembly Room, Town Hall, Saturday Market
Place, King's Lynn PE30 5DQ

Reports marked to follow on the Agenda and/or Supplementary Documents

1. **Update on the Heath & Wellbeing Partnership (Pages 2 - 11)**

The Committee will receive a presentation.

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King's Lynn & West Norfolk Health and Wellbeing Partnership

Agenda Item 8

Mark Whitmore – Assistant Director

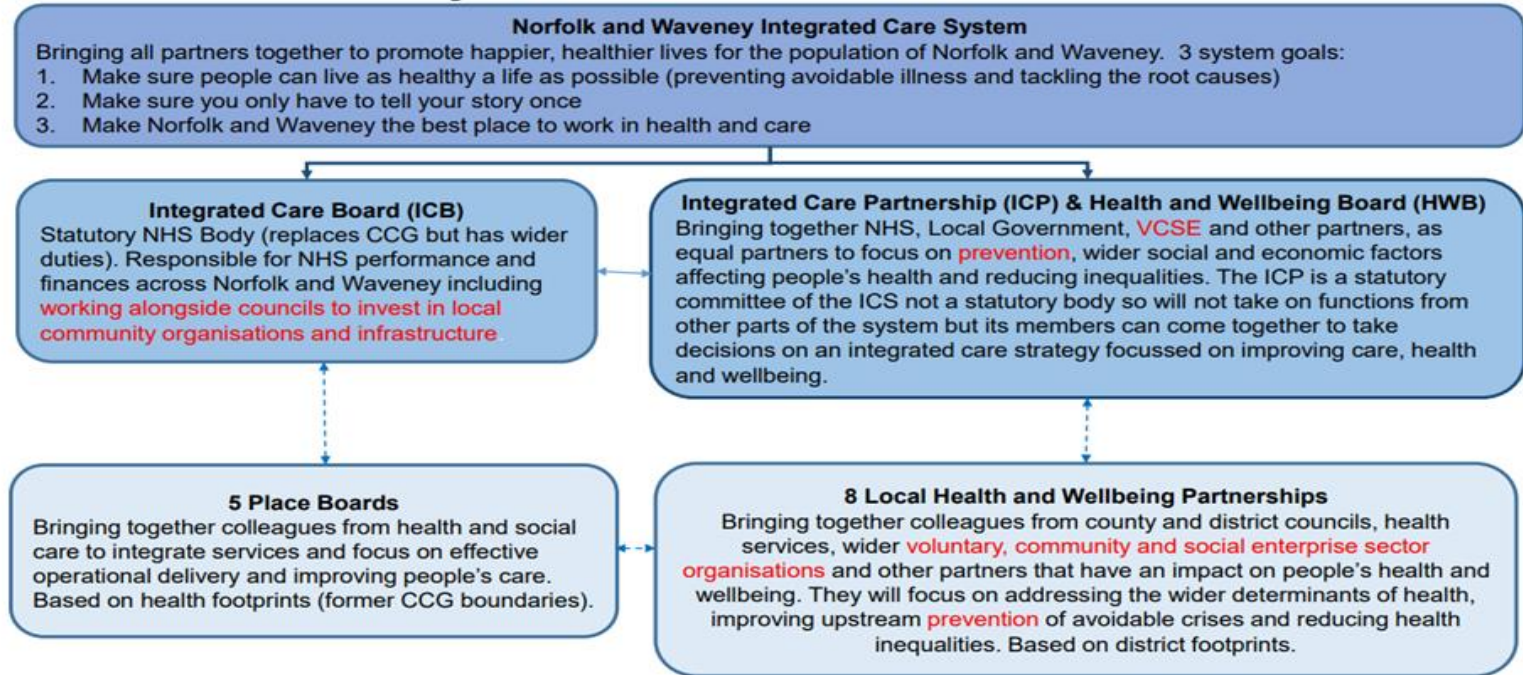
King's Lynn and
West Norfolk
**Health &
Wellbeing
Partnership** 

Borough Council of
**King's Lynn &
West Norfolk**



The Integrated Care System (ICS) and the Health & Wellbeing Partnership (HWP)

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How the HWP works

The HWP meets on a six weekly basis

It is chaired by Cllr Sam Sandell – Cabinet Member for People and Communities

Membership is open to any organisation with links to Health & Wellbeing in West Norfolk

Also attended by the ICB, NCC Public Health Officer, BCKLWN officers

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How the HWP works

Intelligence –

- The HWP utilises ‘hard’ and ‘soft’ intelligence to develop a shared picture of each place, identify local priorities and specific target areas of inequality
- It works collaboratively to identify local health inequalities

Prevention –

- The HWP will provide a system wide focus on prevention of ill-health and anticipatory care to prevent crises
- It will prioritise prevention; identify opportunities to support communities and their residents to stay well, improve their health and wellbeing and prevent ill health

Developing Local Priorities & Plans –

- The HWP is developing a co-owned strategy and workplan for addressing the health and wellbeing needs of each place working with local people to identify what health and wellbeing outcomes matter most in their community
- It will co-produce and deliver solutions that aim to support local priorities and address local health inequalities

Influencing –

- It will work collaboratively to influence the wider determinants of health in the local place such as housing, education and employment

What has happened so far in West Norfolk

The King's Lynn and West Norfolk HWP which started in May 2022 have so far;

- Agreed a Terms of Reference for how we work together
- Agreed 3 priorities, based on data for the area, for this year to support mental health, alcohol consumption and weight management programmes
- Refreshed/developed the previous LDG Inequalities Working Group to form The West Norfolk Health Inequalities Group – Terms of Reference agreed
- Working groups developed from the previous LDG Inactivity Group – The West Norfolk Healthy and Active Lifestyle Group – Terms of Reference agreed and activity/project work in progress
- Covid Recovery Fund (£347k) – Awards made to 12 organisations linked to the three priorities. Launched in September 2022
- Better Care Fund (£82k) – funding agreed for 3 projects to reduce impact on adult social care and emphasise prevention.
- Active NoW (£12.5k) – funding agreed for exercise rehabilitation scheme delivered by Alive West Norfolk

Updates from funding

The HWP received updates from the Covid Recovery Fund projects at it's March meeting.

Organisation	Offer	No of Individuals to support	Update
Community Alcohol Partnership	Youth Health Champion Training	30 students	8 schools approached 5 engaged 2 Delivering the programme
LILY	Cooking Classes, budgeting, referrals and transport support	40- 50	110 attended to date, positive response from participants
Hanseatic Union	Wellbeing and social prescribing for migrant and refugee communities	20	Project has been challenging due to cultural barriers to accessing support. However good uptake around physical activity and some volunteering work.
West Norfolk Befriending	Supporting older population and unpaid carers	25	28 referrals assessed, with 19 newly matched clients
Creative Arts East	'Our Day Out' physical activity for people living with dementia and their carers	50	37 sessions delivered with 53 participants

Updates from funding

Organisation	Offer	No of Individuals to support	Update
St Giles Trust	Peer support, activities, education and training for men with complex needs at risk or in the criminal justice system around alcohol and substance misuse	15	Engaged with 8 men Health & Wellbeing scores improved by 50%
Pandora	Domestic abuse support for women aged 16+	120-180	120 clients supported to date Made links with St Giles Trust and West Norfolk Befriending to provide DA training to their staff
∞ Menscraft	PitStop for men to deliver low level health checks and positive activities	45	PitStops running in KL and DM
Caring Together	Counselling for adult carers	32	33 referrals with 28 accepted (5 too complex) 188 counselling sessions over 221 hrs
Norfolk Citizens Advice	Outreach to provide support planning, advice, training, bursaries and access to specialist advisors	440	312 clients supported 560 befriending telephone calls
Alive West Norfolk	Physical Activity Programmes	13272	8 different programmes delivered.



Updates from funding

Organisation	Offer	No of Individuals to support	Update
Norfolk Community Foundation	Community hub support, including reduced cost foods, recipes, cooking guidance and education on healthy eating	3500 – 4000	Love Downham Hub has 143 members with positive feedback Coastal Community Supermarket – mobile store along North Norfolk coast Hunstanton busiest stop with 78 households supported to date

Better Care Funding and Active NoW funding updates are due later in the year.

What's happening next?

The next steps are to formally agree a strategy and action plan for the partnership. The following timetable has been agreed:

- 13th January – working group to develop draft strategy (Completed)
- 26th January – workshop for all HWP members to comment and amend draft strategy (Completed)
- Mid February – complete draft action plan (Completed)
- 9th March – formal sign off of strategy and action plan by HWP (By 18th March)

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Any Questions?

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